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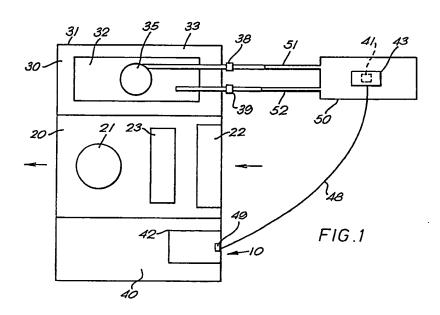
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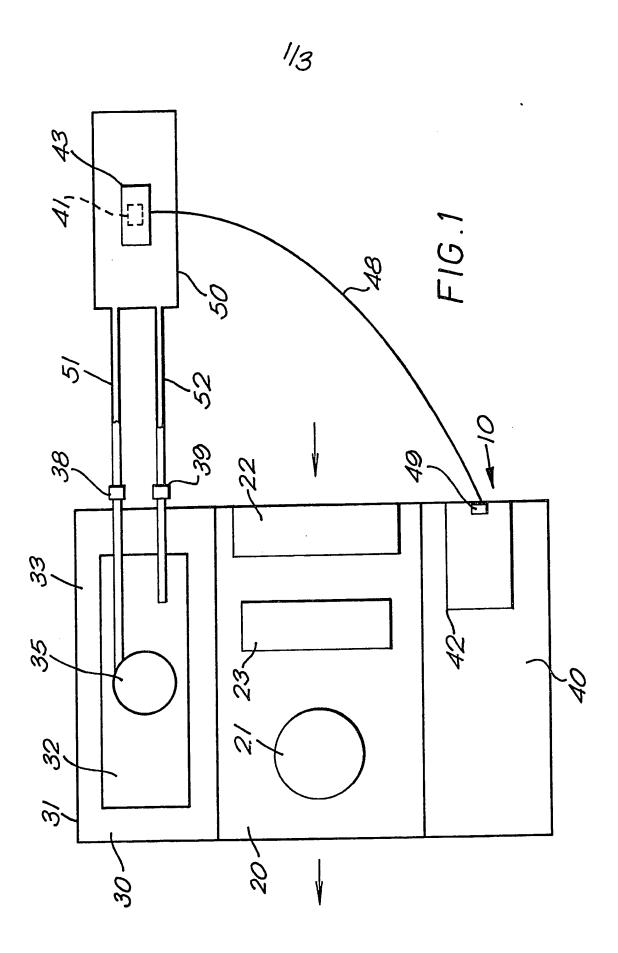
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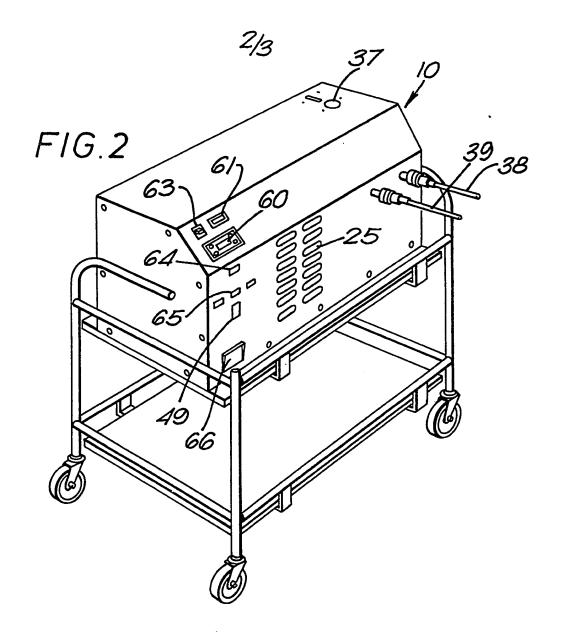
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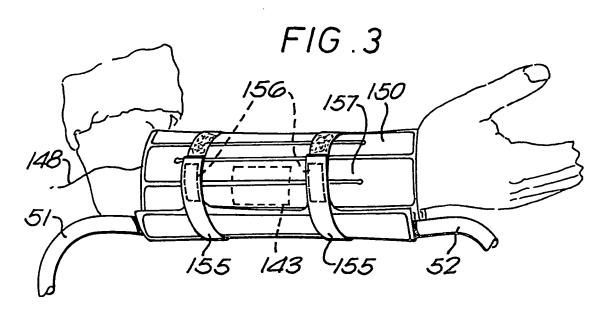
(54) Cooling or heating arrangements

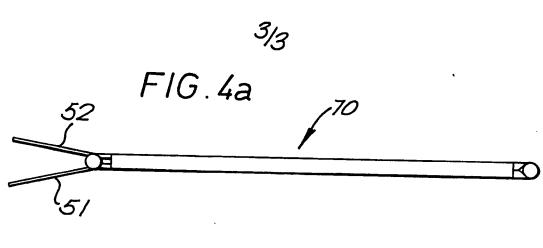
(57) An arrangement suitable for cooling a limb comprises a cooler 30 supplying cooling fluid to a flexible bag 50 or bandage for application to the limb. The bag or bandage incorporates a sensor for detecting the temperature of the skin and using this to control the cooling effect of the cooler by means of a control system 40. Apparatus for heating a limb is also disclosed.

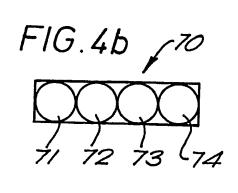


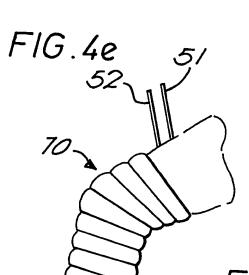


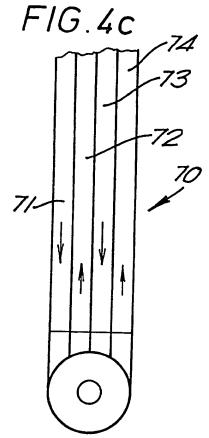


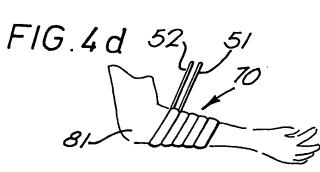












Cooling or Heating Arrangements

The present invention relates to cooling or heating arrangements and more particularly to an arrangement for use in medical treatment for heating or cooling part of the body, especially part of a limb.

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Cooling of a limb to below normal body temperature is known to relieve the effects of muscle compartments being filled with excess fluid following injury. This so-called compartment syndrome otherwise results in excessive pressure on nerves and blood vessels with consequent pain and further damage caused by lack of blood supply. For optimum treatment and to avoid possible injury due to overcooling it is also known that the extent of cooling must be limited.

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There are also other situations in which it is desirable to apply heat to a limb.

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It is known to apply local cooling to an injured limb e.g. by using ice bags, cold packs, cold immersion, refreezable bags and chlorofluromethane mixtures. These, however, are relatively coarse treatments with no precise control of temperature and are also relatively labour-intensive.

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The present invention seeks to overcome or reduce at least one of the above problems.

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According to a first aspect of the present invention there is provided a cooling arrangement comprising a cooler, flexible means for containing a cooling fluid which can be applied to a member to be cooled, and means for circulating a cooling fluid from the cooler to the containing means under the control of means for sensing the temperature of the member to be cooled.

The containing means may comprise a flexible bag. The bag may have retaining means for retaining the bag in a wrapped position around the limb. The retaining means may be in the form of straps and may incorporate a reusable touch and close fastener.

The bag may be formed from a plastics material and the retaining means comprises straps formed integrally with the bag. Advantageously at least part of the plastics material is transparent.

The fluid is preferably water.

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The sensor may be located against the limb with a thermally insulating pad forming a thermal break between the sensor and the heat exchanger bag. The sensor may comprise a thermistor, thermocouple or other suitable device.

20 Alternatively the containing means may comprise a flexible bandage incorporating fluid-carrying tubes.

The limb cooler is designed for the reduction of local body temperature in the vicinity of a fracture with a view to improving the prognosis for patients by reducing swelling and improving blood circulation.

Specifically it has been shown to be particularly effective in the treatment of compartment syndrome. 30 Initial symptoms of compartment syndrome considerable pain and tenderness to touch or movement of the affected limb, followed by loss of sensation and motor function in the extremity. Treatment initially to remove any restricting bandages or 35 plasters followed, if necessary, by fasciotomy epimysiotomy.

These measures will clearly interfere with concomitant fracture treatment as well as being an emergency operation which may be required at short notice.

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It has also been found that compartment syndrome may affect traction treatment or unstable fractures. This is because when traction is applied, the compartment pressure is increased above the base level pre-existent in the compartments and may go from a non-ischaemic to an ischaemic level. This increase is proportional to the applied traction load.

More serious conditions may arise from failure to 15 arrest compartment syndrome to safe levels. Prolonged ischaemia may lead to muscle infarction or necrosis.

Although nerves may possibly regenerate over time, the necrotic muscle will be replaced by fibrous tissue 20 which contracts causing contracture.

The lowering of the limb temperature has three effects which are positive in this respect.

- 25 a. If the surface of the limb is cooled then a profound vasoconstriction will occur reducing the capillary pressures in the limb and reducing oedema.
- b. Hypothermic tissue has a much reduced requirement 30 for oxygen and so ischaemia as may develop will be less damaging to the tissue than at normal temperature.
- c. The analgesic results of lowering the limb temperature will reduce the severe pain which 35 accompanies compartment syndrome.

An additional advantage of cold as a therapeutic measure that is it inhibits the development infection in any damaged tissue.

5 a preferred arrangement, the affected In surrounded by a flexible plastic heat exchange bag through which water at approximately 5 degree C is This process effects localised cooling of the tissue down to a pre-set temperature. A control unit 10 maintains this temperature by continuously monitoring the skin temperature and adjusting the water flow accordingly.

In another preferred embodiment, the affected limb is surrounded by a flexible bandage having a plurality of 15 interconnected fluid channels extending therealong.

Once set, the unit requires the minimum of monitoring by nursing staff. It will display at all times (1) the actual skin temperature (2) the elapsed time of the 20 and (3) the activity of recirculation and refrigeration system. the Water

Apart from the application in local trauma, the cooling device can be used post-operatively following open 25 reduction and internal fixation of upper and lower limb fractures and also after routine surgery such as total knee replacements to prevent swelling.

30 The physiological effects of hypothermia vasoconstriction, are reduction of muscular responses, blockage of the neuromuscular junction and reduction in the conduction velocity of peripheral Clinically these produce analgesia, reduction of muscle spasm without changes in muscular strength 35 endurance, reduction of

local inflammation and reduction of local metabolic rate. oedema and The precapillary sphincter is sensitive to cold.

Between 4 Deg.C and 16 Deg.C the precapillary sphincter constricts, below 4 Deg.C the precapillary sphincter dilates. Cooling, therefore, within the range of 16 Deg.C to 4 Deg.C can prevent bleeding and tissue oedema.

In severe injuries as those seen in the trauma units at hospitals, local cooling is recommended to be applied 10 to open fractures for a period of no less than 3 days at a temperature of between 14 Deg.C and 20 Deg.C. This provides analgesia, reduces the metabolic and hence the damage to requirements tissue and inhibits the development of oedema. By reducing the 15 metabolic requirements the need for oxygen in the tissues and muscles is therefore diminished, but their viability is preserved.

In addition local cooling can be applied post operatively to the upper and lower extremities and it can also be used by physiotherapists.

According to a second aspect of the present invention there is provided a bag made of flexible material having a fluid inlet and a fluid outlet with means defining within the bag a tortuous path for fluid flowing from said inlet to said outlet, a temperature sensor, and a thermally insulating piece of material between said bag and said sensor.

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The bag is preferably a plastics material with one major wall being transparent and the other being covered with textile material. Lengths of plastics tubing are preferably provided integrally connected to said inlet and outlet.

According to a third aspect of the present invention there is provided a bandage made of flexible material having a fluid inlet and a fluid outlet, and a plurality of tubes connected thereto and defining one or more return paths along the length of the bandage.

Preferred embodiments of the present invention will now be described, by way of example only, with reference to the accompanying drawings, of which:

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Fig.1 is a schematic view of a cooling arrangement in accordance with a first embodiment of the present invention;

15 Fig.2 is a perspective view of a cooler unit of the arrangement of Fig.1;

Fig.3 is an enlarged view of a modified bag;

20 Fig 4a is a general view of another flexible containing means in the form of a bandage;

Fig. 4b is an enlarged cross-sectional view of the bandage of Fig. 4a;

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Fig. 4c is an enlarged view of the right-hand end of the bandage of Fig. 4a; and

Figs. 4d and 4e are views of the bandage of Figs. 4a-c 30 being applied to an arm and a leg respectively.

Referring to the drawings, a cooler unit 10 comprises a refrigeration system 20, a cooling water circulation system 30 and an electronic control system 40. The refrigeration system 20 comprises a compressor 21 and a condenser 22 over which air is sucked by a condenser fan 23. The air passes over the compressor before

exiting at the rear of the unit. Both air inlet and outlet are via louvres 25 cut into the panel work.

The water circulation system 30 comprises a tank 31 5 made of plastics material and having a filler cap 37, Fig.2. The refrigeration system 20 cools copper evaporator coils which are mounted around the inside of the walls of tank 31. When the tank is full of water 22, the evaporator coils 33 of the refrigeration system . 10 produce a reserve of chilled water inside the tank. The temperature of this water is controlled by a submerged thermostat within the water tank. contained within the water tank is agitated, via an electrically operated submerged propeller 35. The 15 temperature of the water is therefore normally within a range of 2 Deg.C to 4 Deg.C.

The propeller 35 is actually part of a magnetic drive semi-submersible pump, taking chilled water from within 20 the tank through to an outlet connector 38 on the outside of the tank. The connector 38 is connected to plastic tubing 51, through a flexible plastic bag 50 containing water channels and returning via plastic tubing 52 to an inlet connector 39. The connectors 25 38,39 incorporate automatic stop valves to allow bags 50 to be disconnected from the unit without spillage of water. The returned water goes directly back into the water tank 31. Thus the unit 10 creates chilled water and circulates it through a flexible bag 50 which is 30 attached in normal use to part of a human body (normally an arm or leg).

The temperature of the limb to which the bag 50 is attached is controlled by switching on and off the water recirculation pump 35. This switching is controlled by a bio-feedback system. A temperature sensor 41 is attached to the skin underneath the bag

It is insulated by a small gauze/cotton wool patch 43 on its upper side to prevent it sensing the temperature of the bag rather than the skin. 41, which may be a thermistor device, is connected via 5 wires 48 to an input 49 of the control system 40 where the skin temperature reading is read by a micro-chip controlled thermostat device 42. This device is preset by the operator to a desired temperature. chilled water will flow through the bag 50 when the 10 temperature that the machine reads is in excess of the desired temperature. The chilled water flowing through the bag will therefore continue to bring down the limb temperature. When the limb temperature is read as equal to the desired temperature the water flow The limb will begin to warm again due to 15 will stop. the circulation of warmer blood. The control system 40 switches on the pump again when the limb temperature reads 1 Deg.C above the desired temperature. Thus the cooling of the limb can be thought of in two stages, 20 viz (i) bringing the limb temperature down from normal to the desired cooled temperature and (ii) maintaining the desired cooled temperature within a differential of about 1 Deg.C for an indefinite period.

The unit 10 also comprises an electronic temperature setting and indication module 60, an indicator 61 of the duration of the treatment time, an on/off switch 63, an alarm indicator light 64, further indicator lights 65 including a "power-on" light, and a circuit breaker 66.

10 also includes means for setting temperature below which, for safety reasons, the skin should not fall. If the skin sensor 41 ever reaches 35 this value, means are provided for automatically switching off the machine. An audible alarm may also be provided which is triggered when the limb

temperature falls below the alarm threshold.

Bag 50 has one major wall made of transparent medical PVC material with the other major wall being of a plastic material covered with a white textile material. The white textile material serves to keep condensation to a minimum. The bag is manufactured integrally with plastic tubes 51,52, which are typically 1 metre long, and the walls of the bag may be sealed together along selected lines to define a tortuous path for the water as it flows from the outlet of tube 51 to the inlet of tube 52. The bag is retained in position on the limb by means of separate reusable straps incorporating touch and close fasteners.

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The bag 50 is conveniently arranged to be supplied as a separate disposable item. A fresh bag is used for each patient and is supplied in a sterilised condition with a separate disposable stick-on patch 43.

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An advantage of the above-described arrangement is that it permits immediate and precisely-controlled cooling of an injured limb, particularly in the vicinity of a fracture. The patient does not require the constant attention of medical staff. By making both the bag 50 and the plastic tubing 51, 52 as a disposable unit there is no possibility of warm stagnant water building up when the unit is not in use.

Numerous modifications can be made to the abovedescribed arrangement. For example the temperature
sensor 51 may instead detect the temperature of the
skin to one side of bag 50, or of the water inside the
bag 50 or inside tubing 51 or 52, or indeed there may
be no temperature feedback at all. As will be
appreciated these alternatives represent decreasingly
effective methods of treatment. Also the water can be

passed through the system once and then discharged, though this uses more energy.

The arrangement may have various modes of operation.

5 For example it may be set to operate for a pre-set period and then switch off automatically. It may include devices for monitoring limb temperature, flow rate and source temperature of the cooled water etc. and may have means responsive to the crossing of a threshold of any of these devices to switch off automatically and/or to operate an alarm. In one display arrangement the actual temperature of the limb is normally displayed; upon activation of a switch on the unit, however, the set temperature is displayed for checking purposes.

In the treatment of injured limbs to prevent compartment syndrome the apparatus will ideally provide cooling of the limb to between 14 and 18 degrees coling to be applied as early as possible after injury. Normally, the limb cooler is for use in hospitals operating off a 240 volt a.c. supply; however the apparatus could be portable and capable of operation from 12 volts d.c. supply so as to be usable in an ambulance.

Similar apparatus may be used to provide heating of a limb, the differences being that a water heater be used instead of a water cooler and the function of the controller reversed to turn on the pump whenever the limb temperature falls below a threshold temperature intermediate the source temperature and the normal body temperature.

35 The modified bag 150 shown in Fig. 3 has the tube connections at opposite ends thereof. It is arranged to be non-disposable and thus incorporates integral

straps 155 with touch and close hooked fasteners 156. The tortuous path 157 for the water within the bag can be seen. Wires 148 connect the temperature sensor (not shown) under pad 143 to the control system of the unit.

Although described above in connection with cooling an arm, arrangements in accordance with the present invention can be used to control the temperature of the shoulder, the feet or any other part of the human body, or part of an animal, or indeed of any desired article. The shape of bag 50 can be configured as desired for any of these purposes.

In the modification of Fig. 4, the flexible bag 50 is replaced by a flexible bandage 70 of rubber or other elastomeric material. The bandage is conveniently approximately 5 meters long and comprises four internal tubes 71, 72, 73, 74 arranged side by side for the passage of cooling (or heating) fluid. Integrally-formed inlet and outlet tubes 51, 52 are connected to the system 30 as disclosed above. Inlet tube 51 is connected to internal tube 71 and outlet tube 52 is connected to internal tube 74.

At the remote end of the bandage there is provided a circular plastics button member 76 which serves to operatively connect tube 71 to tube 72, and tube 73 to 74. At the end adjacent tubes 51, 52 the bandage is provided with further means for connecting tube 72 to tube 73. Thus cooling fluid admitted to inlet 51 passes along the length of the bandage four times before it emerges at outlet 52.

Fig. 4d shows bandage 70 applied to an arm 81. The individual wraps of the bandage are applied side-by-side rather than overlapping. This provides a complete coverage of the arm by the cooling surface of the bandage. Either side of the bandage may be used for cooling.

Fig. 4e shows bandage 70 applied to a leg. The nature of the bandage allows cooling above and below the knee whilst allowing it to articulate which is important following knee surgery.

The bandage 70 may incorporate the same features as the previously-described bags 50, 150. Thus its surface can be provided with an adhesive strip or adhesive patches and/or the bandage may have tapes or straps for retaining it to a limb. It also preferably comprises a temperature sensor, thermally insulated from the rest of the bandage. The bandage may be wholly or partly of transparent material. The individual tubes may be moulded or adhered together to form the bandage.

For bags 50, 150 and bandage 70, non-integral tubes 51, 52 may be provided if desired.

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For cooling the face or another part of the head the fluid-containing means may be in the form of a mask with fluid-carrying means. The material of the mask is not necessarily flexible like the bag and bandage.

CLAIMS

- 1. A cooling arrangement comprising a cooler, flexible means for containing a cooling fluid which can be applied to a member to be cooled, and means for circulating a cooling fluid from the cooler to the containing means under the control of means for sensing the temperature of the member to be cooled.
- 2. A cooling arrangement according to claim 1, wherein the containing means comprises a flexible bag with retaining means for retaining the bag in wrapped position around the limb.

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- A cooling arrangement according to claim 1, wherein the containing means comprises a flexible
 bandage comprising a plurality of fluid-carrying tubes extending therealong and communicating with each other.
 - 4. A cooling arrangement according to any preceding claim, wherein at least part of the flexible containing means is transparent.
 - 5. A cooling arrangement according to an preceding claim, wherein the flexible containing means incorporates a temperature sensor, thermally-insulated from the rest of the containing means.
 - 6. A cooling arrangement substantially as herein described with reference to Figs. 1 and 2, or to Fig. 1, as modified by Fig. 3 or Fig. 4, and Fig. 2 of the accompanying drawings.
 - 7. A method of cooling a member employing an arrangement according to any preceding claim.
- 35 8. A heating arrangement comprising a cooling

arrangement according to any of claims 1 to 6 modified in that the cooling fluid is replaced by a heating fluid.

- 9. A method of heating a member employing an arrangement according to claim 8.
- 10. A bag made of flexible material having a fluid inlet and a fluid outlet with means defining within the bag a tortuous path for fluid flowing from said inlet to said outlet, a temperature sensor, and a thermally insulating piece of material between said bag and said sensor.
- 11. A bag substantially as herein described with reference to Fig. 3 of the accompanying drawings.
- 12. A bandage made of flexible material having a fluid inlet and a fluid outlet, and a plurality of tubes connected thereto and defining one or more return fluid paths along the length of the bandage.
- 13. A bandage according to claim 12 comprising a temperature sensor and a thermally insulating piece of material between said bandage and said sensor.
- 14. A bandage substantially as herein described with reference to Fig. 4 of the accompanying drawings.

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Application number

GB 9301707.7

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Date of Search
28 APRIL 1993
20 1111122 233

Documents considered relevant following a search in respect of claims 1-9

Category (see over)	Identity of document and relevant passages	Relevant to claim(s)
x	EP 0158470 A1 (C.C.C) - Note Claim 2	1 at least
x	EP 0039443 A1 (STEINGRAF) - Note entire document	1 at least
Х,Р	US 5097829 (QUISENBERRY) - 24 March 1992 Note Figure 1; column 4 line 19 - column 5 line 15	1 at least
x	US 4184537 (SAUDER) - Note entire document	l at least
x	US 4170998 (SAUDER) - Note Claim 1	1 at least
x	US 3967627 (BROWN) - Note Claim 1	l at least

Category	Identity of document and relevant passages	Relevant to claim(s
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